

30-Day De-Clutter Challenge - *SondraLynAtHome.com*

September 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>Commit to the 30-Day challenge to De-Clutter.</p> <p>Say goodbye to Hoarding!</p>	<p>2</p> <p>Walk through the house, noting problem areas.</p> <p>Make a list of 'clutter clusters'!</p>	<p>3</p> <p>Begin with Public areas.</p> <p>Put up odd items that might be sitting on surfaces in LR, DR, FR, Kitchen.</p>	<p>4</p> <p>Begin to conquer paper clutter: Deal with piles of mail or bills on desk, tables and counters.</p>	<p>5</p> <p>Take stock of cleaning supplies. Throw away near empties, non-used.</p>	<p>6</p> <p>Designate area for sorting 'stuff' into 3 action stacks: discard, donate, or sell (eBay, yard sale, craigslist, or consignment)</p>
<p>7</p> <p>Evaluate the previous week, and worship with your family!</p>	<p>8</p> <p>This week, go room by room. Start in the kitchen. Cull never-used items and sort into stacks</p>	<p>9</p> <p>Pantry: Discard expired staples. Pull out some valid date items for food bank donation!</p>	<p>10</p> <p>Organize paper products: plates, cups, cutlery, paper towels. Designate place to store them.</p>	<p>11</p> <p>Bathrooms: Straighten linen closet, sort and give away unwanted items.</p>	<p>12</p> <p>Laundry Room: Organize laundry supplies, put up any clean clothes, wash dirties!</p>	<p>13</p> <p>Tackle the Garage. (Optional- you could also watch college football!)</p>
<p>14</p> <p>Evaluate the previous week, and worship with your family!</p>	<p>15</p> <p>Focus this week on bedrooms. De-Clutter kids' rooms, pick up toys and remove out-grown clothes, toys</p>	<p>16</p> <p>Master Bedroom: pick up any items on floor, clear off surfaces of dresser, chests, night stands, etc.</p>	<p>17</p> <p>Throw away old make-up, toiletries, perfumes, etc. (Note to self: <i>who needs 40 tubes of lipstick??</i>)</p>	<p>18</p> <p>Go through jewelry, scarves, shoes, purses. Sort and deal with seldom used items.</p>	<p>19</p> <p>Closets- Day 1! Cull out items that haven't been worn this season before bringing out fall clothes</p>	<p>20</p> <p>Closets- Day 2! Sort items into stacks and bag up for sale/donation, bring in new season's clothes</p>
<p>21</p> <p>Evaluate the previous week, and worship with your family!</p>	<p>22</p> <p>Office week! My personal nemesis!</p> <p>Fall Begins!</p>	<p>23</p> <p>Sort through any 'piles' on floor in office. Clear surfaces (desks, tables) of clutter.</p>	<p>24</p> <p>De-Clutter bookshelves. Remove old and unwanted books</p>	<p>25</p> <p>'Containerize' loose items: craft & office supplies, fabric, paint, sewing notions, etc.</p>	<p>26</p> <p>File important papers. Get those bills ready to pay!</p>	<p>27</p> <p>Be merciless! Go back through previous areas and cull yet again!</p>
<p>28</p> <p>Evaluate the previous week, and worship with your family!</p>	<p>29</p> <p>Deal with the 3 stacks: Throw away, take items to Goodwill, set date for yard sale!</p>	<p>30</p> <p>Congratulations! You did it!! Take a look around and enjoy the progress! Keep it going!</p>				